

The 7 Skills Chess Training Model (2 Pages)

A structured approach to studying chess



How to Train the 7 Chess Skills

Tactics

The first step to improve your tactics skill is to make an *in-depth study of tactical motifs and checkmate patterns*.

Read: [How To Get Better At Chess Tactics](#)

Strategy

Your ability to find a suitable plan in the position relies heavily on your evaluation skill. Working to improve your evaluation skill will also help you find candidate moves that serve the need of the position at hand.

Calculation

Train your mind to calculate all the “forced variations” in the position, in other words all the checks, threats and captures.

Video: [How To Calculate Chess Tactics](#) (5 Steps)

Openings

Don't rely on memorization only. Aim to understand the typical development ideas in the opening of your choice by going over master-level games where the particular opening was played. Improve your personal repertoire over time.

Visualization

Want to get better at chess? The single best way is to improve your visualization skills.

Read: [Why Visualization Is the Most Important Skill in Chess](#)

Endgames

Study essential theoretical positions and important endgame ideas. For example, the “principle of two weaknesses” is important endgame idea that will serve you well in many endgame situations.

Evaluation

Practice to evaluate a chess position by comparing the progress either side made towards achieving their objectives.

Read: [Example of How to Evaluate a Chess Position](#)

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You can always refer to the [chessfox.com](#) as a growing resource for your chess training needs.